

## PSALMS

Hebrew name is "The Book of Praise"

- poetical, not meant to be a historical account
- originally, many were set to music
- Just like music helps us worship more deeply today, psalms were used to deepen the spiritual lives of the people

A collection of 150 psalms

- Written over a period of about 1000 years

Written by multiple authors:

- David: 73
- Asaph: 12
- Sons of Korah: 9
- Solomon: 2
- Heman, Ethan and Moses: Each 1
- Anonyms: 51

psalms divided into 4 "books"

- basically coincide with the 5 books of Moses

Book #1: Psalm 1- psalm 41

Like Genesis, it describes mankind as blessed, fallen and redeemed

Book #2: Psalm 42- Psalm 72

-like exodus, these describe the nation Israel as ruined and recovered

Book #3: Psalm 73-Psalm 89

Like Leviticus, these mainly discuss the tabernacle and God's holiness

Book #4: Psalm 90- Psalm 106

Like Numbers, many of these discuss God's ruling kingdom to the surrounding nations

Book #5: Psalm 107-Psalm 150

-Like Deuteronomy, these focus on the thanksgiving for God's Word

Interesting facts:

- The book of Psalms is the longest book of the bible.
- Psalms 90 is the oldest Psalm and is said to be a prayer of Moses

- Psalms 117 is the shortest chapter in the bible.
- The middle chapter in the bible is Psalms 118.
- Psalms 119 is the longest chapter in the bible, it has 176 verses.
- There are 59 chapters before Psalms 118 and 59 chapters after Psalms 118.

-23rd Psalm is the most well known Psalm, The Lord is my Shepherd.

Musicians write hundreds of modern songs derived from the Psalms:

- Rich Mullins, Third Day, Chris Tomlin, Jars of Clay, Caedmon's Call

If you are struggling, there is probably no better place to turn than Psalms

-Don't have time to discuss all of them but we will look at a few:

Psalm 18:4-19

- Written by David when the Lord delivered him from his enemies (Saul)
  - Starts out with David in trouble
  - He calls out to God
  - God hears him and responds

**Psa 18:4** The cords of death encompassed me, And the torrents of ungodliness terrified me.

**Psa 18:5** The cords of Sheol surrounded me; The snares of death confronted me.

**Psa 18:6** In my distress I called upon the LORD, And cried to my God for help; He heard my voice out of His temple, And my cry for help before Him came into His ears.

**Psa 18:7** Then the earth shook and quaked; And the foundations of the mountains were trembling And were shaken, because He was angry.

**Psa 18:8** Smoke went up out of His nostrils, And fire from His mouth devoured; Coals were kindled by it.

**Psa 18:9** He bowed the heavens also, and came down With thick darkness under His feet.

**Psa 18:10** He rode upon a cherub and flew; And He sped upon the wings of the wind.

**Psa 18:11** He made darkness His hiding place, His canopy around Him, Darkness of waters, thick clouds of the skies.

**Psa 18:12** From the brightness before Him passed His thick clouds, Hailstones and coals of fire.

**Psa 18:13** The LORD also thundered in the heavens, And the Most High uttered His voice, Hailstones and coals of fire.

**Psa 18:14** He sent out His arrows, and scattered them, And lightning flashes in abundance, and routed them.

**Psa 18:15** Then the channels of water appeared, And the foundations of the world were laid bare At Your rebuke, O LORD, At the blast of the breath of Your nostrils.

**Psa 18:16** He sent from on high, He took me; He drew me out of many waters.

**Psa 18:17** He delivered me from my strong enemy, And from those who hated me, for they were too mighty for me.

**Psa 18:18** They confronted me in the day of my calamity, But the LORD was my stay.

**Psa 18:19** He brought me forth also into a broad place; He rescued me, because He delighted in me.

-such a great picture of a loving Father trying to get to His struggling child  
-you get the picture of Him knocking planets and stars out of His way  
just to get to David

-so many great quotes:

**Psa 53:1** The fool has said in his heart, "There is no God,

**Psa 84:10** For a day in Your courts is better than a thousand *outside*

**Psa 27:4** One thing I have asked from the LORD, that I shall seek: That I may dwell in the house of the LORD all the days of my life

**Psa 34:7** The angel of the LORD encamps around those who fear Him, And rescues them

**Psa 37:4** Delight yourself in the LORD; And He will give you the desires of your heart

**Psa 51:10** Create in me a clean heart, O God, And renew a steadfast spirit within me

**Psa 116:15** Precious in the sight of the LORD Is the death of His godly ones.

You also really get to see a picture of how God desires to be worshipped

**Psa 150:1** Praise the LORD! Praise God in His sanctuary; Praise Him in His mighty expanse.

**Psa 150:2** Praise Him for His mighty deeds; Praise Him according to His excellent greatness.

**Psa 150:3** Praise Him with trumpet sound; Praise Him with harp and lyre.

**Psa 150:4** Praise Him with timbrel and dancing; Praise Him with stringed instruments and pipe.

**Psa 150:5** Praise Him with loud cymbals; Praise Him with resounding cymbals.

**Psa 150:6** Let everything that has breath praise the LORD. Praise the LORD!

## **Jesus Types:**

-Where to start...

**Psa 2:7** "I will surely tell of the decree of the LORD: He said to Me, 'You are My Son, Today I have begotten You.

**Psa 16:8** I have set the LORD continually before me; Because He is at my right hand, I will not be shaken.

**Psa 16:9** Therefore my heart is glad and my glory rejoices; My flesh also will dwell securely.

**Psa 16:10** For You will not abandon my soul to Sheol; Nor will You allow Your Holy One to undergo decay.

**Psa 22:14** I am poured out like water, And all my bones are out of joint; My heart is like wax; It is melted within me.

**Psa 22:15** My strength is dried up like a potsherd, And my tongue cleaves to my jaws; And You lay me in the dust of death.

**Psa 22:16** For dogs have surrounded me; A band of evildoers has encompassed me; They pierced my hands and my feet.

**Psa 22:17** I can count all my bones. They look, they stare at me;

**Psa 22:18** They divide my garments among them, And for my clothing they cast lots.

**Psa 34:20** He keeps all his bones, Not one of them is broken.

**Psa 41:9** Even my close friend in whom I trusted, Who ate my bread, Has lifted up his heel against me.

**Psa 68:18** You have ascended on high, You have led captive *Your* captives; You have received gifts among men, Even *among* the rebellious also, that the LORD God may dwell *there*.

**Psa 69:21** They also gave me gall for my food And for my thirst they gave me vinegar to drink.

**Psa 96:13** Before the LORD, for He is coming, For He is coming to judge the earth. He will judge the world in righteousness And the peoples in His faithfulness.

**Psa 110:1** The LORD says to my Lord: "Sit at My right hand Until I make Your enemies a footstool for Your feet."

**Psa 118:22** The stone which the builders rejected Has become the chief corner *stone*.